

July 2019



Dayton Ballroom Dance Club Newsletter

2150 Arbor Blvd. Moraine/Dayton, OH 45439

www.daytonballroom.org

Welcome – We are Dayton’s only dance club to offer weekly dance classes from the area’s top instructors. Classes are offered for beginners through gold levels.

Officers

President

Walter Sullivan
(757) 773-5949

Vice President

Connie Rives
(937) 848-4947

Treasurer

Barb Morrisey
(937) 254-6888

Secretary

Mae Freeman
(937) 829-2429

Directors

Paul Miller
Will Sorensen
Joyce Eldridge
Monica Wells
Mary DiNofa
Akil Sharif
Vacant

July/August Dances

- Sat. July 6 76 Dance Club @ Arbor Hall – **A Night with Pleasant St. Blues Live Band**, Dance 8:00 – 11:00, Cost: \$12 Members, \$15 Non-members
- Sat. July 13 Dancetonians @ Arbor Hall, Lesson 7:30 – 8:15, Dance 8:15 – 11:00, Cost \$10 Members, \$15 Non-members
- Sat. July 27 Swing and Sway Dance Club @ Arbor Hall, Lesson 7:30 – 8:15, Dance 8:15 – 11:00, Cost \$15
- Sat. Aug 3 76 Dance Club @ Arbor Hall – **It’s a Jungle In Here**, Dance 8:00 – 11:00, Cost: \$12 Members, \$15 Non-members
- Sat. Aug 10 Dancetonians @ Arbor Hall, Lesson 7:30 – 8:15, Dance 8:15 – 11:00, Cost \$10 Members, \$15 Non-members
- Sat. Aug 24 Swing and Sway Dance Club @ Arbor Hall, Lesson 7:30 – 8:15, Dance 8:15 – 11:00, Cost \$15

Reminder: August is normally our club membership renewal month. More information is forthcoming!

Instructors

Basic Class

Terry Cavanaugh
937-438-6862

Bronze I Class

Doug Shafner
567-204-3680

Bronze II Class

Larry May
937-380-4132

Silver/Gold Class

& Add-On Class
Jill Christy
937-321-4720

JULY CLASS SCHEDULE

Basic Class Schedule Weekly Rotation

July 1 - Waltz
July 8 – EC Swing
July 15 - Foxtrot
July 22 – Rumba July 29 - Waltz

Bronze I, II and Silver/Gold Schedule

Classes taught each week for the month of April.

Bronze I – Cha-Cha/EC Swing
Bronze II – Tango/Mambo
Silver/Gold – Rumba/Samba

Add On Class for the month of June – Viennese Waltz

President's Corner

DBDC will participate in the City of Dayton's Summer Music series at Riverscape. The dates music lineups are as follows:

July 11th – Tom Daugherty Orchestra

August 15th – Barry Campbell Big Band

August 29th – Kim Kelly Orchestra

Larry May will be the DBDC instructor for the lesson. Lessons will be at intermission.

Dance Etiquette Tips:

Maintain the line of dance

Dance to the level of the person you're dancing with and not your level.

Watch out for your fellow dancers. Experienced dancers don't "run over" newer dancers. Newer dancers stay in the middle of the line of dance to give experienced dancers the outside lane.

Dance on, DBDC!!

What Shoes Should You Wear For Ballroom Dance Lessons? By Mary DiNofa

The type of shoes you wear for ballroom dancing can either help you or get yourself and others hurt. You don't need to invest too much money to have shoes appropriate for ballroom dancing.

Three things to consider: Comfortability, Functionality and Safety.

Ballroom heels are different from regular shoes with heels because they are more flexible, and they have a suede covering on the bottom of the shoe. The suede portion of the shoe provides friction to allow the ballroom dancer to both slide and feel along the floor easily and not slip. They also support the feet differently too.

Ladies, one of the downfalls to wearing heels for ballroom is pain and discomfort. After time and breaking in of the shoe, the pain will go away. Calluses and blister on your feet are common complaints. Ballroom shoes provide added support for your feet in that they provide extra support for the balls of your feet.

Never dance in flip flops, fashion heels, slippers, socks, barefoot. Doing so might lead to sprained ankles, tripping, slipping or having your feet stepped on.

Online resources for shoes: LightintheBox.com, Very Fine Dance Shoes, Werner Kern, Stephanie Kern and many others.

DANCE INFORMATION: A 90-minute group dance lesson Every Monday Night, excluding holidays for all levels of dancers. Classes begin at 7:30 p.m. and the group lessons are followed by a Practice Dance Party from 9:15 -10:30 p.m. Instruction provided for Basic, Bronze I, Bronze II/Silver, and Silver/Gold dancers. There's a 45 Minute Add-On Class at 6:30 p.m. taught by Jill Christy for Bronze I and above.

Basic Class – Class Fee: \$8.00 per week (Discount available if you purchase an 8-class package)

Bronze I, Bronze II, Silver/Gold – Class Fee: \$12.00 for Members / \$14.00 for Non-Members

Club Volunteers Information

Membership: Vacant

Badges: Help Wanted

First Impressions: Help Wanted

Disc Jockey: Connie Rives

Facebook Mgr: Camille Craighead

Webmaster: David Slicer

webmaster@daytonballroom.org

Newsletter: Help Wanted

newsletter@daytonballroom.org

Historian: Bobbie Slicer

Class Representatives

Basic Class: Connie Rives

Bronze I: Paul Miller

Bronze II: Chuck Fenstermaker

Silver: Margaret Hilt

Subs: Sally Mettler, Mary Ebert

Gift Certificates Available